

**Add Joy Make the Faith Journey Fun**  
**Ecclesiastes 8:15 (NLT)**  
**April 11 - Mix it in.**

There is nothing better for you than to have fun; it is intentional, its spiritual, its relational, attractational!

**DISCUSSION QUESTIONS**

If you were given a day to go do something fun, what would it be?

Read Ecclesiastes 8:15 (NLT) Did this verse surprise you? Have you heard it before?

Pastor Jon asked if you want more joy in your life. On a scale of 1 to 10 how would you rate the joy level of your life?

Can you think of someone in your life who is full of joy?

Fun is intentional. What would it look like to be more intentional about fun in your life?

What does being more intentional in your relationship with Jesus look like?

Fun is healing. Read Proverbs 17:22 Research shows that there is a tremendous mental, physical, and emotional benefit to laughter. Can you think of a time when laughter helped you get through a difficult time?

Fun is relational. Fun brings people together. What is a fun activity that you as a family liked to do growing up?

What has been a fun activity that has gotten you through the pandemic?

Fun is spiritual. The quote Pastor Jon read "It's not the load that breaks you down. It's the way you carry it" by Lena Horne. How do you not let the load get too heavy in life?

Read Matthew 11:28-30. What does Jesus mean by taking up his "yoke"?

Since a yoke unites two animals in common work, what does this imply about discipleship?

What is something that gets in the way of being yoked to God?

Read John 15:11. Are you a person who struggles with the past (letting go of things) or worries about the future (what is going to happen)? What would it look like to fully allow God to take the burden off your shoulders?

Let's work on laying down the yokes around our necks and leaving them on the cross this week. And having more fun!

